

USD 247 DAILY COVID SELF-ASSESSMENT & QUARANTINE/RETURNING TO WORK GUIDELINES 8/17/20

Due to COVID-19, USD 247 students and employees should complete a daily health self-assessment **before** arriving on campus for class or work. This self-assessment consists of two parts, exposure and symptoms and does not take the place of talking with your healthcare provider. This assessment is based on guidance provided by the CDC, KDHE and the Crawford County Health Department.

Exposure:

Have you been directly in contact (6 feet for 10 minutes or more) with someone diagnosed with COVID-19?

- YES
- NO

Have you traveled anywhere listed on the KDHE travel quarantine list including:

- An out-of-state gathering of 500 people or greater where individuals do not socially distance (6 feet) and wear masks.
- Traveled to Aruba August 27 - September 10.
- Cruise ship or river cruise on or after March.
- International travel: Traveled Jul 14 - August 27 to China, Iran, European Schengen area, United Kingdom, Republic of Ireland, or Brazil.

If you answered "YES", **DO NOT COME TO CAMPUS**. Parents please call the school and staff should notify their supervisor to report the absence.

**Please notify the school or your supervisor if you are living with someone who has been tested for COVID and is awaiting results. A determination for returning to school or work will be made on an individual basis with a recommendation from the health department.

You may return to school/work when:

1. Released by your health care provider or the county health department. Please provide documentation to your school/supervisor.
2. If you are confirmed to have been in direct contact with someone diagnosed with COVID-19, you must quarantine for at least 14 days. Quarantine will be initiated by the health department. You **cannot** request a COVID test to get out of quarantine. If you should develop symptoms during this quarantine period, you may return to school/work 10 days from the start of symptoms and when fever free for 72 hours with no fever reducing medication.

Symptoms:

- Fever (Please check your temperature daily before coming to campus. Temp should be less than 100.4)
- Severe fatigue
- Cough
- Shortness of breath or difficulty breathing
- Chills
- Muscle ache
- Sore throat
- Headache
- Diarrhea/Nausea
- Loss of taste or smell
- Vomiting
- Congestion/runny nose

If you have any **two** of these symptoms, **DO NOT COME TO CAMPUS**. Please contact the school and Nurse Lacey to report your absence and symptoms. Call your health care provider or the Crawford County Health Department and follow their recommendations. It is mandatory to let the school know of a positive COVID-19 case.

Quarantine/Isolation Protocol/Returning to Work/School:

- If you are a **direct contact** of someone diagnosed with COVID-19, you must quarantine for at least 14 days. Quarantine will be initiated by the health department. You **cannot** request a COVID test to get out of quarantine. If you have been within 6 feet of a COVID-19 diagnosed individual for 10 minutes or longer, you are required to quarantine for the full 14 days.
- If you **develop symptoms** of COVID-19 (see above list) **and test positive**, you must let the school or your supervisor know and you will be quarantined for at least 10 days from the start of symptoms and when fever free for 72 hours without the use of fever reducing medication.
- If **asymptomatic and test positive**, you will be quarantined for at least 10 days from the date of testing. You may return to school/work, if no symptoms have developed during the quarantine.
- If you **develop symptoms** of COVID-19 **and choose not to get a COVID-19 test or have a negative test result**, you will be required to quarantine for at least 10 days from the start of symptoms and when fever free for 72 hours without the use of fever reducing medication. A history of allergies and asthma is taken into consideration.