

USD 247 and Community Health Center of Southeast Kansas (CHC/ SEK) have partnered to ensure that all children in Southeast District have access to behavioral health services right in their school.

School-based therapy services are provided by a CHC/SEK behavioral health professional.

Services are available during or after school hours.

Children can be referred through the school counselor, a school administrator, or directly to the school-based therapist by parents. School staff, parents, and older students may refer themselves for services.

## Pittsburg CHCSEK Medical, Dental,

#### Behavioral Health, and Walk-In Care

3011 N. Michigan Pittsburg, KS 620-231-9873

Columbus CHCSEK	Parsons CHCSEK
101 W Sycamore	2100 Commerce Drive
Columbus, KS	Parsons, KS
620-429-2101	620-717-4450

#### **Your School-Based Therapist**

Provides mental health screenings, assessment, diagnosis, and treatment planning, as well as individual and group psychotherapy for the treatment of mental health diagnoses

Determines and implements appropriate therapeutic strategies to effect changes in behavioral and social interactions of students and their families

Collaborates with other services providers inside and outside of the school system including, but not limited to, school psychologist, psychiatry, and medical providers

Provides crisis intervention

Maintains student, parent, and staff confidentiality

Serves as a link between families, schools, and community agencies

#### **USD 247 School-Based Therapist**

Julie LeBlanc, LSCSW

jleblanc@chcsek.org jleblanc@usd247.com

Or call

Southeast High School: 1-620-457-8365

Southeast Middle School: 1-620-457-8315

Southeast Elementary: 1.620.396.8211

## Frequently Asked Questions for School-based Therapy

#### What does it cost?

All children are seen regardless of ability to pay. CHC/SEK bills private insurance and KanCare (Medicaid). Families without insurance may complete a financial assistance application or complete an application for presumptive eligibility to obtain Medicaid coverage. However, there is no out-of-pocket expense for students of USD 247 who are seen by the school-based therapist.

## Can I choose whether or not my child receives services?

Ideally, clinic staff will contact you prior to any treatment your child receives. In the event of a crisis, which may warrant immediate attention, clinic staff may see your child prior to consent to ensure their safety. Kansas Law allows for older students (defined as "mature minors") to give their own consent for some treatment. In these situations, we do urge the student to involve a parent or guardian.

## Is my child's information kept confidential?

Yes. By signing a release of information, you can give staff permission to communicate about your child's progress, on an as-needed basis, to ensure your child's behavioral, medical, and academic needs are being met.

### USD 247 SOUTHEAST LANCERS



Introducing Your School-Based Therapist and School Counselors

Supporting the Social, Emotional, Behavioral and Academic Needs of Students

Southeast High School: 1-620-457-8365

Southeast Middle School: 1-620-457-8315

Southeast Elementary: 1.620.396.8211



#### **Your School Counselor**

Teaches classroom guidance lessons addressing the personal, social, academic and career development of all students

Serves as a resource for parents and teachers when a child's behavior, attitude, or situation is interfering with his/her learning

Meets with students individually and in small groups to assist students with skills such as managing their emotions or behavior, developing strategies for problem-solving and making friends, and identifying personal strengths

Works with the school-based therapist to connect families to resources, medical assistance, mental health supports and other needs

Provides crisis intervention

Maintains student, parent and staff confidentiality

Helps to create a positive and successful school experience

## When should a student meet with the school counselor?

The school counselor meets with students on a short-term basis, when there is a situation in his/her life that is interfering with learning. Individually or in small groups, the school counselor works to develop strategies to address the specific need(s) so that the student can be successful in the school setting

## Frequently Asked Questions for School Counselors

## What topics will be covered in classroom lessons by the school counselor?

- Goal setting
- Problem solving
- Conflict resolution
- Bullying prevention
- Career exploration
- Drug prevention
- Respect for self and others
- Emotional regulation

# Would my child or my family be considered "different" for using the services of a school counselor or school-based therapist?

We recognize that every child and every family have individual needs. We value the opportunity to work closely and confidentially as a team to provide the necessary support, resources and encouragement to build upon the strengths of each student and family

## What if I am not sure whether to contact the school counselor or the school-based therapist?

If you have any questions about who to contact, we recommend you begin by contacting the school counselor at your child's building:

#### Southeast High School:

Kaci Tredway – ktredway@usd247.com

#### Southeast Middle and Elementary Schools:

Jeremy Goode - jgoode@usd247.com