

Southeast 5th -6th Grade

8 day/3 week

FREE- Volleyball Skills/ Mini-League

When: Starting March 30th

Week 1 – Mon. Mar. 30th & Wed. April 1st.

Week 2- Tues. April 7th & Wed. April 8th.

Week 3- Mon- Thurs. April 13th - 16th.

Time: after school-5:15pm

Where: @ the Middle School Gym



Hello Parents,

My name is Maya White I am the head volleyball coach at Southeast High School. We are putting on our 7th annual mini clinic/ league for 5th -6th graders the months of March & April. We will go over volleyball skills: passing, setting, hitting, serving, etc., and scrimmage each other at the end of practice each day. We will be using age appropriate balls and net height. There is no cost. It is a 3 week- 8-day clinic/ league. The girls will practice for 2 days a week the first 2 weeks and 4x the last week. We will practice different days each week (please look at the schedule) starting on the week of March 30th with the last day ending on the 16th of April. Since this will be done at the Middle School if there is inclement weather and the Middle School Track would have to use the gym we will have to cancel that day. We have added extra days if needed because of weather so we can get at least 8 days. They will be the week of April 20th (look at schedule below). We are going to try hard to get a full 8 days or close to for this clinic/league.

We will practice right after school until 5:15pm. The school **will not** be providing transportation so each child will need to have a ride home.

It will be fun and a great introduction to volleyball. The only equipment they will need will be tennis shoes and gym clothes. If they have knee pads great, if not that is okay.

If you have any questions, please feel free to call me at 457-8365 @ school or text me @ 913-416-9077 or email me at mwhite@usd247.com.

5th-6th Grade Volleyball Clinic Schedule

March and April				
Monday	Tuesday	Wednesday	Thursday	Friday
30- VB Practice	31- OFF	1- VB Practice	2- OFF	3- OFF- no school
6- OFF- no school	7- VB Practice	8- VB Practice	9- OFF	10-OFF
13- VB Practice	14- VB Practice	15- VB Practice	16- VB Practice	17-OFF
20- OFF	21- OFF	22- Make up day	23- Make up day	24- OFF

Thanks, Maya White

Forms need to be filled out and returned to the office by Friday March 27th.

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Emergency Medical Release Form

Return to the office by Tuesday, March 27th

Child's Name _____ **Grade** _____

Parent's Name _____

Phone _____ **Can this number receive texts y/ n**

In case of emergency I give permission for _____ to be given medical treatment.

This permission is applicable only if I, or my emergency contact, is not available.

Emergency Contact (someone other than parent to contact in case parent cannot be reached) _____ **Phone** _____

I understand that the coaches, at USD 247, and any of its employees are not liable for any accidents.

Parent/Guardian Signature _____ **Date** _____

If your child has any medical condition that the coaches should be aware of, please explain it here.

If Transportation is an issue please call or text Maya White @ 913- 416-9077 by March 12th and we will try to see if we can get you in contact with a parent that can give your child a ride.

If you are a parent that could give a ride to another child please put your name and what town you live in below.

Yes, I can help carpool.

Name _____ **Town/Area** _____